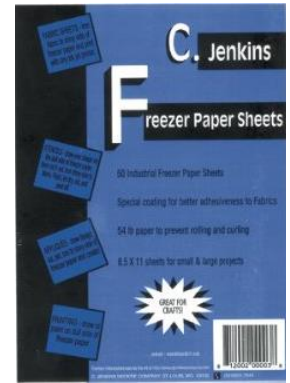


FREEZER PAPER FOUNDATION PIECING

1. Print or trace the pattern on the DULL side of the freezer paper. I like to scan the pattern, print it, put the printed paper in my scanner, then place an 8 ½" x 11" piece of freezer paper in the printer and print it. Do NOT use a laser printer! It helps to place the cut freezer paper under a heavy book the day before to flatten it so it goes through the printer easier. You can also trace the pattern onto the dull side of the freezer paper and then stack up to 6 sheets together. With a large unthreaded needle in the sewing machine, stitch along the seam lines and perforate the stitching lines on several copies at the same time.
2. Rolls of **Reynolds Freezer Paper** can be purchased at the grocery store or you can also purchase 8 ½" x 11" pre-cut pages of freezer paper such a **C. Jenkins Freezer paper sheets**.
3. Iron Patch #1 right side up on the shiny (unprinted) side of the paper, leaving at least ¼" around all sides.
4. On the dull printed side of the freezer paper, line up the edge of an index card or the straight edge of a ruler on the first seam line. Fold back the paper along this line. To ease folding the freezer paper, you can take your seam ripper and lightly strike it on the sewing line using your straight edge as your guide.
5. Trim the seam allowance to ¼" with the "Add-a-Quarter" ruler.
6. Using a regular stitch length, sew the seam NEXT TO THE FOLD of the foundation paper. Try not to sew through the fold of the paper.
7. Flip out patch #2 and iron it onto the freezer paper foundation. **Iron from the paper side.**
8. Repeat step 2, progressing through each seam.
9. At the end, trim adding a ¼" seam allowance around the outside edge of the block for your seam allowance when you sew your blocks together.
10. Carefully peel off the freezer paper foundation. You can reuse the paper several times!



FOR SAILBOAT BLOCK YOU WILL NEED:

8 ½" x 11" Freezer paper

Add a quarter ruler

Small iron (or mini iron) and ironing surface

Basic sewing supplies

Background Fabric:

Piece #2: 4" x 1"

Piece #4: 5 ½" x 2 ¾"

Piece #5: 7" x 7" square, cut in half diagonally

Pieces #7 and #8: 2 ½" square cut in half diagonally

Sail: Piece #1: 5 ½" x 5 ½" cut in half diagonally

Mast: Piece #3: 1" x 5 ½"

Boat: Piece #6: 7" x 2"

Note: Save the other half of the diagonal cuts #1 and #5 for another block.